

# Preface



Dear Colleagues!

Before I invite you to read, I would like to remind you about the 25th anniversary of the publication of the quarterly *Family Medicine and Primary Care Review*. Our journal publishes high-quality original papers, reviews, recommendations, guidelines and short comments prepared by well-known specialists and young scientists. It is a peer-reviewed scientific journal with an international Scientific Council and editorial staff, addressed to researchers conducting research in other disciplines relevant to family medicine.

The journal *Family Medicine and Primary Care Review* has a stable position on the publishing market, being the press organ of the Polish Society of Family Medicine. All published articles are reviewed by international experts. The quarterly is run according to the latest guidelines for scientific publications and is indexed in leading databases such as: Web of Science Core Collection (ESCI), SCOPUS, Academic Search Complete, Bielefeld Academic Search Engine, Central European Journal of Social Sciences and Humanities, Directory of Open Access Journals (DOAJ), EBSCO Electronic Journals Library (EZB), EMBASE/Excerpta Medica, Harvard Libraries University of California Libraries, Index Copernicus, International Committee of Medical Journal Editors (ICMJE), J-Gate, JournalSeek, OhioLINK.

Bibliometric indicators and impact indicators (SJR, SNIP, CiteScore, JCI) of the quarterly *Family Medicine and Primary Care Review* prove its high position in the scientific community and the impact it has on the development of science – in Poland and abroad. It should be added that there is a constant upward trend in the number of citations – according to the Web of Science Core Collection.

Thanking all the authors, reviewers, editors and the publisher for their work so far, without which it would not be possible to publish our journal, I encourage you to continue cooperation so that we can celebrate further successes and anniversaries.

In the current issue, you will find works on the current problems of patients of family doctors: hypertension (Alotaibi et al.: “Evaluation of knowledge and practices of hypertensive patients regarding home blood pressure monitoring”), insomnia (Rina et al.: “The relationship between sleep hygiene and the prevalence of insomnia in medical students during the COVID-19 pandemic”), diabetes (Biniek et al.: “Clinical approach to the differential diagnosis between immune-mediated diabetes and type 2 diabetes in adult patients”), COVID-19 (Elamary et al.: “Diagnostic accuracy of sinus tachycardia as an independent clinical indicator among different COVID-19 variants”).

We also present current recommendations on the use of pneumococcal vaccinations in adults (Kuchar et al.: “Adult pneumococcal vaccination – new opportunities”) and the problem of loneliness in seniors (Susło et al.: “Loneliness among elderly people as a public health threat”).

I wish you interesting reading and invariably invite you to submit manuscripts for *Family Medicine and Primary Care Review*!

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